

Fidelity Checklist

Strategy 6: HPRS

In recent years, schools have emphasized a preventative approach to managing challenging behavior in the classroom. Not only do proactive approaches produce stronger outcomes that last longer (Common et al., 2019), but they allow the student to come in contact with reinforcement while teaching appropriate behavioral skills. HPRS is an antecedent-based strategy that is rooted in empirical research. HPRS have been shown to improve compliance, reduce disruptive behavior, and support academic performance (Killu, 1999). When implementing HPRS the teacher delivers several simple and easy requests prior to giving a request the student(s) typically do not follow. This sequence creates *behavioral momentum* that helps students complete a task or behavior they may otherwise not do (Bross et al., 2018). Upon completion of the target behavior, the student is reinforced with items or experiences that are brief (e.g. praise, BSP, token, high five). In order to carry out HPRS accurately there are several steps that must be completed prior to using the strategy and several steps that must be done when delivering the strategy.

Name:

Date:

Activity/Class:

Number of Checklist for Strategy: 1 2 3 4 5

TR

HPRS	YES	NO	COMMENTS
1. Gain student attention.			
2. Deliver one high-p request			
3. Provide brief reinforcement			
4. Deliver one high-p request			
5. Provide brief reinforcement			
6. Deliver one high-p request			
7. Provide brief reinforcement			
8. Deliver one low-p request			
9. Provide strongest brief reinforcement			
10. Maintain neutral and/or positive affect			
Total steps completed accurately:			
Percentage of steps completed accurately:			

Additional notes or comments: